

## **PRAYING FOR YOUR HUSBAND: WEEK 2**

### Monday: Pray for his emotional health. (Psalm 23:3, Philippians 4:8, Proverbs 4:23, Psalm 51:10)

Father, I know you understand my husband's emotional health better than anyone. Help him to be emotionally healthy and thriving. Help him to dwell on what is true, noble, right, pure, lovely, admirable, and excellent things. And I ask you to provide helpful counsel through a friend or health professional when it is needed. I pray that he would never be controlled by anger, depression, rage, sadness, anxiety, jealousy, fear, etc.

### Tuesday: Pray that God would give him wisdom. (James 1:5)

Lord, give my husband the ability to see things that he would normally overlook. Give him discernment on issues and decision that he will face today. Give him wisdom to choose paths that will lead him to the outcomes that you desire for him. Finally, remind him that you give wisdom generously to all who ask .

### Wednesday: Ask God to multiply his influence. (Hebrews 10:23-24)

Father, today and this week as my husband goes about his daily tasks, I ask you to encourage and deepen the impact that he has on his friends, community, church and family. Give him a glimpse of the impact that he is already making and inspire him to be even more intentional about influencing others toward you. Increase his love for others and spark creativity in him to encourage them in their relationship with you.

### Thursday: Pray for his physical health. (1 Corinthians 6:20, Romans 12:1)

Lord, I pray not only for my husband to be healthy, but for him to glorify God with his body and take care of it. I pray that my husband will understand the importance of taking care of his body—the temple of the Holy Spirit—for the glory of God. I ask that he will practice self-control by making wise decisions to stay healthy.



# **PRAYING FOR YOUR HUSBAND: WEEK 2**

## Friday: Pray that he will fully trust in the Lord. (Proverbs 3:5-6)

Lord, I pray that my husband's faith grows to rely and depend on You to guide and direct his steps each day. Father, you are fully trustworthy. Lord, you guide our steps and path. Help me to trust you in his life and know that even when I'm not seeing progress, it doesn't mean you're not working.

### Saturday: Pray for his challenges. (2 Corinthians 12:9, 1 Peter 5:7)

Lord, please allow my husband to feel the healing presence and possibility of your power within him, even in challenging situations. Remind him that your power is made perfect in his weakness. Help him to remember that it is not by his own strength, but by yours that he can do the things you lead him to do. Help him to cast all his cares and anxiety on you.

### Sunday: Pray for his strengths. (Ephesians 2:10, 1 Corinthians 10:13)

Father, I thank you for the ways you have made my husband unique. I thank you for the ways you have prepared him with the abilities to do the great works you have gifted him to do. I pray that he will find inspiration and energy in what he loves doing the most and that he would be encouraged with positive feedback or results. Help him to feel confident in applying his strengths and to not lose sight of how you are using them for good. I pray that my husband will discover and live his God-given purpose. I pray that he will offer all his dreams to the Lord, and pursue only those goals that will bring God glory and count for eternity.



# **PRAYING FOR YOUR WIFE: WEEK 2**

## Monday: Pray for her emotional health. (Psalm 23:3, Philippians 4:8, Proverbs 4:23, Psalm 51:10)

Father, I know you understand her emotional health better than anyone. Help her to be emotionally healthy and thriving. Help her to dwell on what is true, noble, right, pure, lovely, admirable, and excellent things. And I ask you to provide helpful counsel through a friend or health professional when it is needed.

### Tuesday: Pray that God would give her wisdom. (James 1:5)

Lord, give my wife the ability to see things that she would normally overlook. Give her discernment on issues and decision that she will face today. Give her wisdom to choose paths that will lead her to the outcomes that you desire for her. Finally, remind her that you give wisdom generously to all who ask .

### Wednesday: Ask God to multiply her influence. (Hebrews 10:23-24)

Father, today and this week as my wife goes about her daily tasks, I ask you to encourage and deepen the impact that she has on our friends, community, church and family. Give her a glimpse of the impact that she is already making and inspire her to be even more intentional about influencing others toward you. Increase her love for others and spark creativity in her to encourage them in their relationship with you.

### Thursday: Pray for her physical health and safety. (Psalm 27:5, Psalm 32:7, Psalm 103:1-3)

Lord, I know that I cannot always and completely protect my wife from physical harm or illness, but instead of worrying and grasping for control, I ask you Lord to protect her from harm. I ask for you to cover her with your mercy and keep her from danger. I thank you that you are always with her and always in control. Help her to trust you and to see refuge in you when she is in need. Give strength to her body to fight sickness well and I ask you to heal her of all disease.



## **PRAYING FOR YOUR WIFE: WEEK 2**

## Friday: Ask God to shower her with peace and hope. (Philiipians 4:7, 1 Peter 1:3)

Father, you are the source of calm and peace of this universe. Please grant my wife such a consciousness of your surrounding and indwelling presence that she would be able to rest in you today. Remind her that nothing is impossible with you and that she has been saved into a living hope.

### Saturday: Pray for her weaknesses. (2 Corinthians 12:9, 1 Peter 5:7)

Lord, please allow my wife to feel the healing presence and possibility of y our power within her, even in challenging situations. Remind her that your power is made perfect in her weakness. Help her to remember that it is not by her own strength, but by yours that she can do the things you lead her to do. Help her to cast all her cares and anxiety on you.

### Sunday: Pray for her strengths. (Ephesians 2:10)

Father, I thank you for the ways you have made my wife unique. I thank you for the ways you have prepared her with the abilities to do the great works you have gifted her to do. I pray that she will find inspiration and energy in what she loves doing the most and that she would be encouraged with positive feedback or results. Help her to feel confident in applying her strengths and to not lose sight of how you are using them for good.



## **PRAYING FOR YOUR KIDS: WEEK 2**

### Monday: Matthew 22:37-39

King Jesus, I pray that my child would love You and worship You with all their heart, soul, mind, and strength, and love others even when it's a challenge.

#### **Tuesday: Galatians 5:22-23**

God, I pray my child would learn to walk and keep in step with the Spirit. I pray the fruit of t he Spirit would be evident in their lives. May their character be filled with love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

### Wednesday: 2 Timothy 1:7, 1 Peter 5:7, Isaiah 26:3)

Father, I pray that my child would not be enslaved to fear or anxiety. Help them see that they are Your child, and You have not given them a spirit of fear but one of power, love, and sound mind. Teach them to cast all their anxieties on You because You care so much about them. Keep them in perfect peace as they learn to fix their thoughts on You and trust in You.

#### **Thursday: 2 Corinthians 10:5**

Father, help my children know that all of the thoughts they think are not true. Give them discernment from your Holy Spirit to know which thoughts are true and which ones are lies. Teach them to bring every thought captive to obey Christ in Jesus' name.

#### Friday: Romans 12:2

I pray that my child's mind would not be conformed to the patterns and behaviors of this world but that they would be transformed by the renewing of their minds through reading your Word and listening to Your voice of truth.



# **PRAYING FOR YOUR KIDS: WEEK 2**

### Saturday: Ephesians 3:17-19

Jesus, make Your home in my child's heart as they learn to trust You. I pray their roots will grow deep into the rich soil of Your love this year, keeping them strong. May they have the power to understand, as all God's people should, how wide, how long, how high, and how deep His love is. May they experience His love for them, even though it is too great to understand fully. Pray that they would be made complete with all the fullness of life and power that comes from God.

### Sunday: Philippians 2:1-11

God, I pray that my child will have the same attitude and mind as Christ, that they would imitate Christ's humility, valuing others above themselves. Help them to look not only to their own interests but to the interests of others.